## St. Columba School Providing Catholic Education in the Serra Mesa Community

## Parochial Sports League Kids Zone Parent Pledge

As part of the Mission and Philosophy of St. Columba School, and as a member of the Parochial Sports League all parents of children involved in school sports are asked to read, initial, and sign the following: (please return to your child's coach)

67	ild's name Sport
Parent(s) / Guardian(s) signature	
Ia	gree to honor the Parochial Sports League Parent Pledge in my words and actions.
6.	I will not make negative comments about the game, coaches, referees or teammates in my child's presence. I understand that this plants a seed, which can negatively influence my child's motivation and overall experience (initial)
5.	I understand that games are exciting for my child who is trying to deal with the fast-paced action of the game, respond to opponents, referees, teammates and listen to coaches. I will not add confusion by yelling out instructions. During the game, I will limit my comments to encouraging my child and other players for both teams. (initial)
4_	I will "Honor the Game". I understand the importance of setting a good example of sportsmanship to my child, no matter what others may do. I will show respect for all involved in the game including coaches, players, opponents, opposing fans and referees. I understand that officials, coaches, and players make mistakes. If the referee makes a "questionable" call, I will continue to respect the individual and be silent. I will allow the coach of the team to take up any matters he or she feels need to be addressed(initial)
3.	I will redefine what it is to be a winner, in my conversations with my child. A winner is someone who makes maximum effort, continues to learn and improve and does not let mistakes stop them. I understand that mistakes are an inevitable part of any game and that people learn from their mistakes, I understand that all children are born with different abilities and that the true measure is not how my child compares to others, but how she/he is doing in comparison to her/his best self(initial)
2.	I understand that the top three reasons children play sports are to have fun, make new friends and learn new skills. I understand that the game if for the kids, and that I will encourage my child to have fun and keep sports in its proper perspective, I understand that athletes do their best when they are emotionally healthy, so I will be positive and supportive (initial)
1.	I pledge to be on time or early when dropping off my child for a practice or game. I understand that it is embarrassing for my child to be late to a game or practice and that I am putting him/her at physical risk by not providing adequate time for warm up. I understand the importance of picking up my child on time for all games and practices. This shows respect for the coach, who has other time commitments, provides for the safety of my child, and lets my child know that he/she is my top priority (initial)